

Dr. Shaher W. Khan, M.D

Certified by the American Board of Plastic Surgery
Certified by the American Board of Surgery- General Surgery
Reconstructive Surgery
Surgery of the Hand

Tel: (734) 419-1615
Fax: (248) 934-2185

43940 Woodward Ave.
Suite 100
Bloomfield Hills, MI. 48302

WHAT TO EXPECT ON THE DAY OF SURGERY

- Upon arrival, you may have a seat in the blue chairs at the top of the stairs or take the elevator to floor 3 and wait patiently until the nurse comes and gets you. You may not be greeted right when you arrive but the staff does know you are there and will get you as soon as they are free. PLEASE DO NOT ENTER THROUGH ANY DOORS AS IT IS A RESTRICTED AREA AND LABELED AS WELL.
- Our policy is, no more than 2 people can accompany you to surgery.
- The nurse will take you to the pre-op room and start preparing you for surgery.
- Your companion(s) may come to the pre-op room with you if you prefer. If not, they must wait in the waiting area.
- The OR team will prepare you for surgery: urine sample (female only), consent forms/paperwork, IV, vitals, examination and change into the surgery attire. If you need to urinate prior to seeing the nurse, please let the staff know so we can get you a specimen cup.
- Your companion(s) will be given prescriptions(s) for the medication(s) that you will need for after surgery. The companion(s) will take your prescriptions to a pharmacy of your choice to be filled. No need for the companion(s) to drop the prescriptions back off at the office, they will bring the prescriptions back when it is time for you to be discharged. Please make sure your companion(s) has your insurance card, driver's license and payment as the pharmacy will need these.
- Your companion(s) will also be given verbal instructions of the entire surgical process. Your companion(s) will be contacted via phone when you are in recovery, approximately 30 minutes prior to getting ready to be discharged. Your companion(s) will pick you up at our front door where you entered, please have them park in the appropriate area. You will be taken by wheelchair out to the car when it is time. Once your companion(s) is parked, they may come into the office.
- Patient is now taken to the OR to have the surgery performed.
- Pathology/Microbiology/Cytology will be sent to an outside source for processing. Depending on your surgery, you may not require this.
- Breast Implant patients will have the choice to take the implants home. If you choose not to, they will be discarded into the biohazard bin immediately and will not be recoverable.
- After surgery, you will be taken to the recovery room until you are ready to be discharged.
- The physician will speak with you and your companion(s) before being released.
- Please remember to leave all jewelry and valuables at home.
- Bring your garments: (**Breast patients:** surgical bra & binder. **Abdominoplasty patients:** bodysuit. **Gynecomastia patients:** compression vest) These are placed on you right after surgery.
- If you have any questions before or after your surgery, please call our office at (734) 419-1615.

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WHAT TO EXPECT AFTER SURGERY- POST OPERATIVE

- Call 9-1-1 with any emergency or go to the nearest emergency room.
- You must have a responsible adult stay with you continuously for the first 24 hours after surgery.
- You will not be able to drive for approximately one week pending your recovery. No driving while taking the pain medication.
- No bathing or showering. You may sponge bathe from the waist down until speaking with the physician on your first post-op appointment.
- You may become constipated due to the medication. You may buy a gentle over the counter stool softener to use if needed. (Colace or Senna- follow the directions on the box) A high fiber diet is encouraged with ambulation.
- No lifting more than 3 pounds. No pushing or pulling.
- No use of arms over your head. Use T-Rex arms only.
- Do not remove the surgical compressive dressing, the physician will do this at the post-op visit.
- Do not get the dressing wet.
- Please note that you **MUST** continuously wear the surgical garment. (**Breast patients:** bra & binder. **Abdominoplasty patients:** bodysuit. **Gynecomastia patients:** compression vest)
- Make sure you have your post-op appointment(s) made.
- Contact the office with any questions or concerns (734) 419-1615.