

Do I have the following Signs & Symptoms for Breast Implant Illness?

Signs & Symptoms	✓	Signs & Symptoms	✓	Signs & Symptoms	✓	Signs & Symptoms	✓	Signs & Symptoms	✓
Fatigue or chronic fatigue		Night sweats		Fevers		Decline in vision or vision disturbances		Feeling like you are dying	
Cognitive dysfunction (brain fog, difficulty concentrating, word retrieval, memory loss)		Skin rashes		Dehydration		Slow muscle recovery after activity		Chronic inflammation	
Muscle aches, pain, and weakness		Insomnia		Frequent urination		Liver and kidney dysfunction		Recurring sinus, yeast, and UTI infections	
Joint pain and soreness		Estrogen/progesterone imbalance, diminishing hormones, or early menopause		Chronic neck and back pain		Gastrointestinal and digestive issues		Throat clearing, cough, difficult swallowing, choking feeling	
Hair loss		Swollen and tender lymph nodes in the breast area, underarms, throat, neck, or groin		Photosensitivity		Sudden food intolerances and allergies		Headaches, dizziness, and migraines	
Dry skin, eyes, mouth, hair		Tingling or numbness in the arms and legs		Nail changes (cracking, splitting, slow growth, etc.)		Smell or chemical sensitivities		Anxiety, panic attacks	
Weight gain or weight loss		Burning pain around the chest wall or breasts		Skin freckling, pigmentation changes (darkening or white spots), or an increase in papules (flesh colored raised bumps)		New or persistent infections – viral, bacterial, and/or fungal (candida)		Mood swings, emotional instability	
Easy bruising and slow healing of Wounds		Cold and discolored hands and feet		Edema (swelling) around eyes		Suicidal thoughts		Depression	
Temperature intolerance		Foul body odor		Premature aging		Shortness of breath or heart palpitations/ Difficulty breathing/Chest pain		Metallic taste in the mouth	
Low libido		Muscle twitching		Hypo/hyper thyroid symptoms		Oral thrush (white tongue)		Symptoms or diagnosis of Lyme	
Common autoimmune symptoms or diagnoses: rheumatoid arthritis, lupus, Sjörger's syndrome, Raynaud's syndrome, Graves disease, Hashimoto's thyroiditis, scleroderma, multiple sclerosis, ulcerative colitis, and Crohn's disease.		Vertigo		Hypo/hyper adrenal symptoms		Symptoms or diagnosis of fibromyalgia		Ringing in the ears	

Name: _____

Date of Birth: _____

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